

St. Mark's C.E Primary School

Timetable of Physical Education

2025-2026

Year Group	Autumn Term	Autumn Term	Spring Term	Spring Term	Summer Term	Summer Term
Reception	Gymnastics	Fundamental Movement skills	Fundamental Movement skills	Fundamental Movement skills	Yoga Dance	Yoga Fundamental Movement skills
Year 1	Gymnastics	Fundamental Movement skills	Fundamental Movement skills	Fundamental Movement skills	Yoga Dance	Yoga Fundamental Movement skills
Year 2	Gymnastics	Fundamental Movement skills	Fundamental Movement skills	Fundamental Movement skills	Yoga Dance	Yoga Fundamental Movement skills
Year 3	Gymnastics Swimming	Invasion Games Swimming	Health/OAA Boxercise Swimming Football	Striking & Fielding Boxercise	Yoga Dance	Yoga Athletics Netball
Year 4	Gymnastics Swimming	Invasion Games Swimming	Health/OAA Boxercise Swimming Football	Striking & Fielding Boxercise	Yoga Dance	Yoga Athletics Netball
Year 5	Gymnastics Swimming	Invasion Games Swimming	Health/OAA Boxercise Swimming Football	Striking & Fielding Boxercise	Yoga Dance	Yoga Athletics Netball
Year 6	Gymnastics Swimming	Invasion Games Swimming	Health/OAA Boxercise Swimming Football	Striking & Fielding Boxercise	Yoga Dance	Yoga Athletics Netball