

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Health and Fitness Yoga	Dance	Fundamental Movement Skills	Fundamental Movement Skills	Gymnastics Mini Wheelers	Fundamental Movement Skills
Key Stage 1	Health and Fitness Yoga	Dance	Fundamental Movement Skills	Fundamental Movement Skills	Gymnastics Mini Wheelers	Fundamental Movement Skills Scooting Stars
Key Stage 2	Health and Fitness Yoga Swimming	Dance Boxercise Swimming Girls' Football	Invasion Games Swimming	Target Games Football	Gymnastics	Athletics Scooting Stars

Planning Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Outdoor Adventurous Activities	Gymnastics	Fundamental Movement Skills	Striking & Fielding	Dance	Fundamental Movement Skills
Key Stage 1	Outdoor Adventurous Activities	Gymnastics	Fundamental Movement Skills	Striking & Fielding	Dance	Fundamental Movement Skills
Key Stage 2	Outdoor Adventurous Activities Swimming	Gymnastics Swimming	Invasion Games Swimming	Striking & Fielding Swimming	Dance Gymnastics	Athletics Invasion Games

Planning Cycle C

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Outdoor Adventurous Activities Forest School	Dance Forest School	Fundamental Movement Skills	Fundamental Movement Skills Yoga	Gymnastics Forest School	Cricket Forest School
Key Stage 1	Outdoor Adventurous Activities Forest School	Dance Forest School	Fundamental Movement Skills	Fundamental Movement Skills Yoga	Gymnastics Forest School	Cricket Forest School
Key Stage 2	Outdoor Adventurous Activities Swimming	Dance Swimming	Invasion Games Swimming	Athletics Yoga	Gymnastics Forest School	Cricket Forest School

Planning Cycle D

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Dance Outdoor Learning	Fundamental Movement Skills Outdoor Learning	Fundamental Movement Skills Outdoor Learning	Fundamental Movement Skills Outdoor Learning Yoga	Fundamental Movement Skills Outdoor Learning	Fundamental Movement Skills Outdoor Learning
Key Stage 1	Dance Outdoor Learning	Fundamental Movement Skills Outdoor Learning	Fundamental Movement Skills Outdoor Learning	Fundamental Movement Skills Yoga	Fundamental Movement Skills	Fundamental Movement Skills
Key Stage 2	Dance Swimming	Outdoor Adventurous Activities Swimming	Striking & Fielding Swimming	Health and Wellbeing Yoga	Athletics Boxercise	Tennis