

Class 1 Homework Spring 2

This year your homework will be in Pick 'N' Mix format. The red activities at the top need to be completed weekly. The green activities are linked to this half term's topic - 'Healthy Humans'. Children should choose **at least 4** of the green tasks they would like to complete over the half term. They can be completed in homework books or brought into school on Fridays if they are not in the books. Children will have the opportunity to share their homework tasks with the rest of the class on Fridays.

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| Read at least 3 times per week. Discuss what you have read with an adult by answering questions, retelling the story or recalling some of the information facts in non-fiction books. Please log in your child's reading journal each time they read. | Use Mathletics to practise the key maths skills we have been learning in class. www.mathletics.co.uk Y1 - practise place value within 50. | Practise your spellings each week ready for our spelling test on Friday. |
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| With an adult follow a recipe to make a healthy meal. Take a photograph to show the class. | Design a poster to promote healthy eating. | Keep a diary of all the fruit and vegetables you are eating in a week. Are you eating your Five a Day? |
| Design a menu for a healthy lunch box. | Go for a walk, a bike ride or try a new sport. Take a photograph to show your class. | Write or draw some instruction to teach someone to brush their teeth. |
| Do some yoga. You can follow some wonderful yoga stories on Cosmic Kids Yoga. https://www.youtube.com/user/CosmicKidsYoga | Make a picture using fruit and vegetables, e.g. a funny face. Take a picture and bring it in to show your class. | Plant your own seeds and watch them grow. Cress or runner beans are good as they grow fast. |